

Trees • COOLiving

樹立低碳生活

種出綠色未來

EMSD Summit, Imaginovate 2016 Lifestyle of Health & Sustainability

Professor Vivian Taam Wong





Our Vision

A Healthy and Sustainable environment for all

LOHAS = Lifestyles of **H**ealth **a**nd **S**ustainability

















































Our Mission

Focuses on protecting our local and regional environment

Offers equitable solutions to help create environmentally sustainable public policies, business practices and community lifestyles

Engages government, business and community to act responsibly





Climate Movement

1992 UNFCCC **2009**Copenhagen
Accord

2011Durban
Platform

Phase 1 **1991 - 1994** Phase 2 **1995 - 2005** Phase 3 **2005 - 2011**

Phase 4 **2011 - 2015**

2015 COP21

1997 Kyoto Protocol

2010 Cancún Agreement





What Can We Do?



COP21 | Paris Agreement 2015



National determined contribution

Hong Kong

Sub-national contribution

Industries

Civic Society



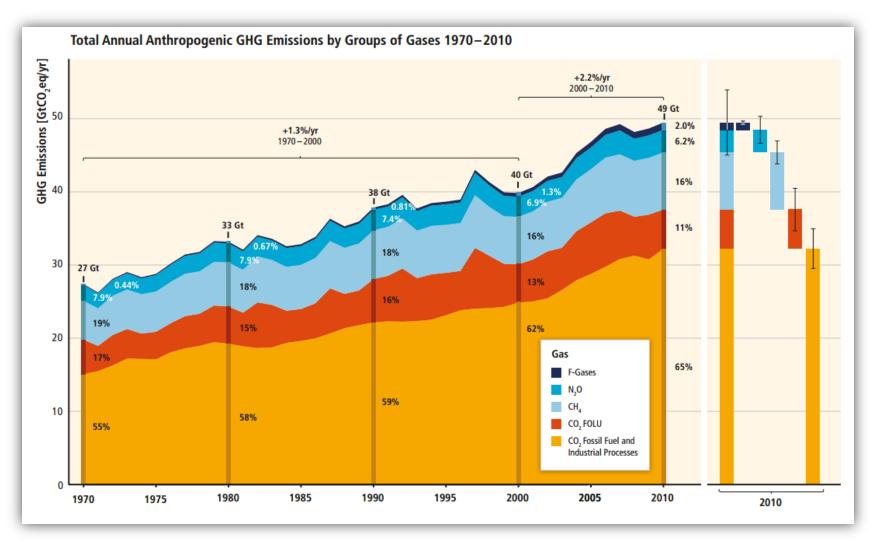


Green House Gas Emission





Rising Global Emissions





Sector-wise Energy Use

Energy Supply: 14.4 GtCO₂/year

Industry Production: 13 GtCO₂/year

Agriculture: 10-12 GtCO₂/year

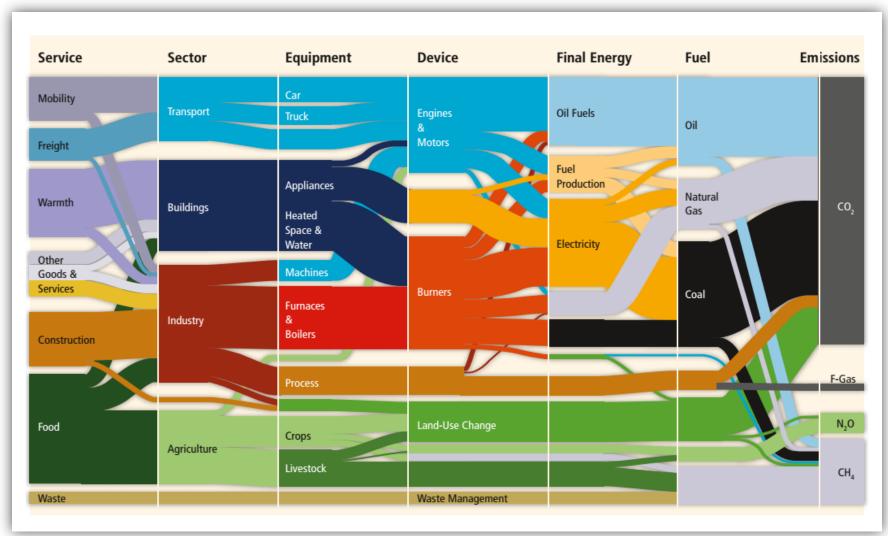
Buildings: 8.8 GtCO₂/year

Transport: 6.7 GtCO₂/year





Sector-wise GHG Emissions





Country-wise Targets



60-65% below 2005 carbon intensity by 2030

Peak carbon emissions by 2030

Supply 20% of energy with non-fossil fuels by 2030

Increase forest stock to 4.5 billion m³ by 2030



26-28% below 2005 GHG emissions by 2025



40% below 1990 GHG emissions by 2030



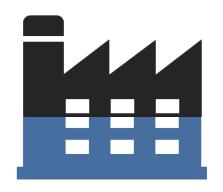
30% below 2005 GHG emissions by 2030



26-28% below 2005 GHG emissions by 2030



Hong Kong's Target



Reduce Carbon Intensity

50-60% of 2005 level

by 2020



Reduce Energy Intensity

40% from 2005 level

by 2025



Absolute vs. Intensity

Absolute = Actual emission of CO₂ or CO_{2-eq} Intensity = Measures against unit of GDP





Renewable Energy Targets

Hong Kong

No targets, only guidelines

New York

30% renewable energy by 2030

Vancouver

100% renewable energy by 2050

China

15% non-fossil fuels by 2020

European Union

27% renewable energy by 2030



Smart City Wien

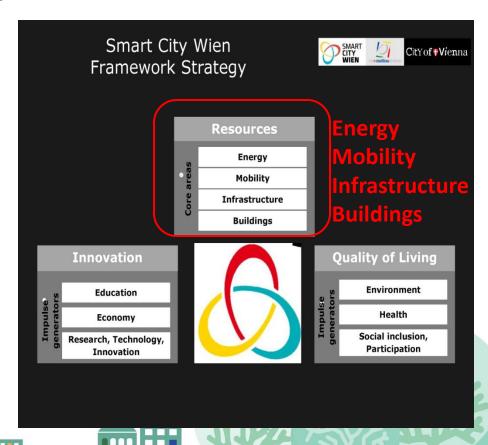
Moves Vienna towards post-carbon future ...

With a target of 2050 and a baseline year of 1990, the city of Vienna has dedicated to achieving an

•••

80% reduction of CO2 and

50% of energy from renewable sources







Waste Reduction Target

Hong Kong

Reduce 40% of 2011 per-capita MSW by 2022

Taiwan

Reduce **70% of 1998** MSW by 2020

Singapore

Recycle 70% of waste by 2030

New York

Divert 75% of waste from landfills by 2030

Vancouver

Reduce 50% of 2008 waste going into landfill or incineration





GHG Reduction Opportunities

碳零廢

Trees

Agriculture

Food **Apparel**

Industry

Waste

Circular **Economy** **Building**

Freight

Transport

住







LOHAS





LOHAS

Lifestyle

Of

Health

and

Sustainability

-









COOL Ambassadors 樂活十宜

"For individuals to pledge LOHAS"

- 1. Refuse·Reduce源頭減廢
- 2. Recycle·Reuse循環再用
- 3. Redesign·Repair升級再造
- 4. Order Less・Waste Less 適食・惜食
- 5. Less Meat·More Green多菜少肉
- 6. Power Smart善用能源
- 7. Drive Less·More Mass Transit綠色交通
- 8. Hike·Bike行路踩單車
- 9. Urban Farming都市農業
- 10. Fair Trade本土 · 公平貿易



Trees · COOLiving – Climate Change Mitigation

To raise public support for planting and water source conservation in both Mainland and HK.





World Water Day 22 March 2015

Trees planting helps produce food, supply air, clean water, generate jobs and remember loved ones.





Dongjiang River Source Tree Planting

Other Initiatives



- 1. Dongjiang Forum
- The Sons of Dongjiang Volunteer Programme
- 3. Water Challenge
- Environmental Education Centre in Xunwu County
- 5. Eco-toilet and Biogas Pond
- 6. Environmental Education Project





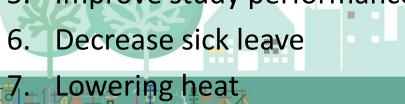
Agriculture, Trees

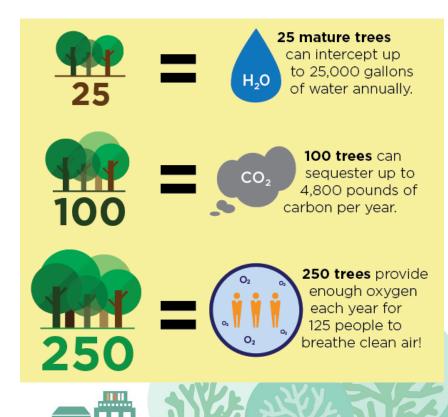




Health Benefits of Trees

- Filter airborne pollutants. The rate of asthma fell by 25% for every extra 340 trees per square kilometer
- 2. Promote exercise, decrease BMI and diabetes
- Decreases in tension, confusion, anger and depression
- 4. Recover from stress and lower blood pressure
- 5. Improve study performance







Planted 80,000 trees



Absorbs 500 tonnes of CO₂ annually















Review of Tree Planting Challenge (2005 – 2014)











(2005)

(2006)

(2007)

(2008)

(2009)











(2010) (2011)

(2012)

(2013)

(2014)

More than 9,000 participants in 10 years







What is Urban Forestry?

Urban forestry provides the **strategic framework** for **sustainable long-term management** of our urban vegetation in a **holistic manner**.

- It utilises the asset life-cycles of trees to regulate, regenerate and replenish urban tree stock;
- Maximise vegetation diversity;
- Improve ecological health within our urban forestry assets;
- Foster a deeper understanding on the life-cycle of urban trees and vegetation toward a more sustainable and resilient future.





What is Place Ecology?

We Make Our Own Place

Through the creation and ongoing collaboration across the public, private and community sectors, we collectively inspire and imagine public spaces as the heart of our communities.

"Ecology"

Through a holistic integration of social, technical, environmental, economic and design values, how we connect and identify ourselves within our places drive the reinvention and design innovation from feasibility to end-use implementation of our cities.

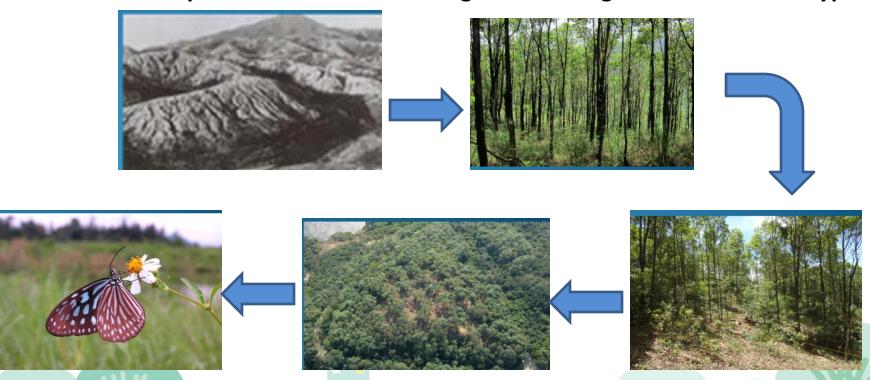






Plantation Enrichment Project (PEP) -**Change in Afforestation Strategy**

PAST: From quick establishment of vegetation using a few exotic tree types



FUTURE: To increase bio-diversity & ecological value with native tree species





PEP In Action – From 2009





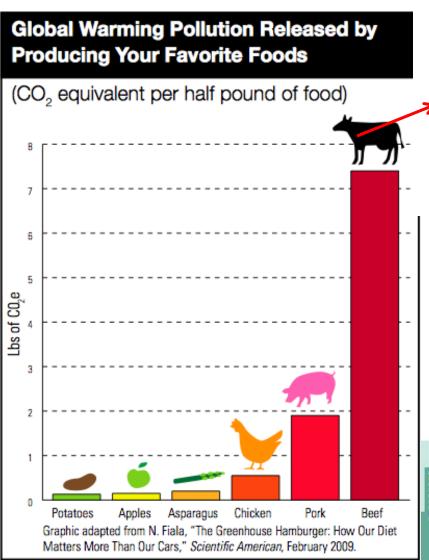


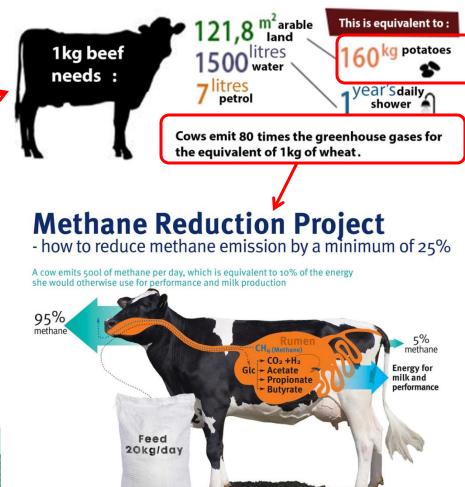
Agriculture, Husbandry





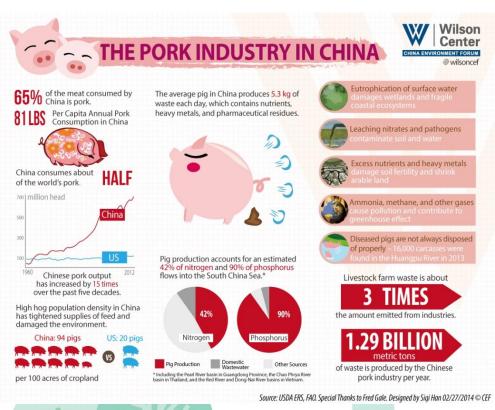
多菜・少肉







多菜・少肉



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Interesting Facts:

- China consumes about 50% of the world's pig
- Breeding density in China:94 pig / 100 acres
- Breeding density in US:20 pigs /100 acres
- 1.29 billion metric tons of waste is produced by the Chinese pork industry each year





多菜・少肉

THE BENEFITS OF

VEGETARIANISM

Becoming vegetarian is not only beneficial

to your health, but also our planet.

Vegan, lacto-ovo, pescatarian.

Take your pick.

PESCATARIAN pescatarians still do not eat meat but

IMPROVE YOUR HEALTH

Lowers 20% heart disease risk

Your risk of death related to cancers, heart problems, and obesity is reduced by:

50% in men

30% in women

The average cholesterol levels in:

vegetarians

163

non-vegetarians

220

A vegetarian diet lowers your risk of heart disease by 20%

> Vegetarians tend to live eight years l o n g e r



VEGAN

LACTO-OVO

Producing a little more than two pounds of beef causes more green house emissions than driving a car or three hours and more energy than leaving all your house lights on the same amount of time



z

HELP SAVE OUR PLANET

You save more water by not eating a pound of beef than by not showering for sixmonths

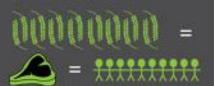




At least 50% of Greenhouse gas emissions worldwide can be attributed to livestock and their byproducts

Reduce GHGs

It takes 16 pounds of wheat to produce one pound meat



which instead could be used to feed 10 people a day

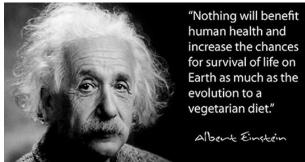


35

Live 8 years longer



多菜・少肉



VEGE EVERY MEAL·U&THE EARTH HEAL 早午晚食綠 天地人織福



-



1 October 2015













Agriculture, Waste





「適食・惜食」

We're overweight

 Obesity has nearly doubled since 1980, with a staggering 30 per cent of us now overweight or obese.

We're starving

 Malnutrition and hunger haunt one in nine of us. It's the reason nearly half of all children under five die prematurely.

We're wasteful

• We waste enough food every year to feed the world's hungry four times over. Rich countries' food waste is approximately equivalent to all food produced in Africa.

We're polluting ourselves

 One third of the greenhouse gas emissions that drive climate change are from agriculture production. The livestock industry alone accounts for almost 15 per cent of all human-caused emissions.







「適食・惜食」

1 in 8 people go to bed hungry each night









「適食・惜食」

80% of the world's hungry are directly involved in food production

WHAT'S WRONG WITH OUR FOOD SYSTEM?

Every night 1 in 7 people go to bed hungry-that's almost 1 billion people worldwide. People are hungry not because there isn't enough food produced but because our food system is broken. In fact, 80% of the world's hungry are directly involved in food production. We can address this hunger if we support small-scale food producers, tackle climate change and reduce food waste.

CLIMATE CHANGE & FOOD PRICES

The average price of staple foods could more than double by 2030— with more than half of that increase due to changes in average temperatures and rainfall patterns.



HIGH TEMPERATURES

In July 2010, temperatures exceeded 40°C (104°F) in Russia, destroying millions of acres of wheat. Wheat production plunged 30% and the price internationally increased by 85%.



DROUGHT

In 2010, a drought in Ukraine caused wheat production to plummet 20% compared to the year before.



MONSOON

Heavy rainfall and multiple typhoons hit Southeast Asia in 2011, severely affecting 6% of the region's total rice area and driving prices up by 30% in



WASTE

In both industrialized and developing countries, unacceptable quantities of food are wasted but for entirely different reasons.

HARVEST WASTE

Currently, developing countries waste nearly one third of food supply. With better access to adequate storage, refrigeration and transportation this could be reduced.

DEVELOPING WORLD



33%

CONSUMER WASTE

we, as consumers and

is produced.

In industrialized countries

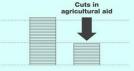
retailers, throw away about

INDUSTRIALIZED

one third of all food that

HUNGER

There have been **cuts of more than** 50% in government aid to small-scale producers, even though the majority of the world's hungry are involved in food production.





1 IN 7 ON THE PLANET GO HUNGRY



60% OF THE HUNGRY
ARE WOMEN

By providing women with equal access to farming resources such as tools, seeds and transport

100-150 MILLION COULD HAVE





ENOUGH TO EAT

CHANGE CAN HAPPEN

By investing in small-scale farmers, Brazil reduced the number of people living in poverty by 20 million between 2003-9. We can tackle extreme hunger by helping small-scale producers grow more food more sustainably.







「適食・惜食」

In Hong Kong ...



Food Waste 1/3

of solid waste sent to landfills in Hong Kong is food.

3,500 tonnes

of food waste are sent to landfills every single day



Poverty

children are living in poverty in Hona Kona.

1 in 5

1.15m (17.1%)

people are living under poverty line



Environment 2018

The remaining capacities of three landfills will be exhausted.

25 times

more potent the methane produced by rotted food is than CO₂ as greenhouse gas



「適食・惜食」



歡迎瀏覽www.foe.org.hk/foodwaste

Waste No Food! Love the Earth! Please visit www.foe.org.hk/foodwast for more "Waste No Food" activities.





















Industry Waste, Apparel





Refuse · Reduce

源頭減廢

香港垃圾有幾多?

- 平均每人每日製造垃圾量#: 2.67公斤(2010年)
- ② 一年垃圾棄置量#:330萬公噸(2010年)
- ③ 每噸垃圾處理成本#:380元
- ③ 家居廢物*:每日平均5,973公噸
- ⑤ 商業廢物*:每日平均2,360公噸
- ③ 都市固體廢物(家居廢物+商業廢物+工業廢物)*: 8,996公噸
- ③ 固體廢物最多成分*:食物渣滓(2,528公噸)、紙料廢物包括飲品包裝盒(tetrapak夾層包裝)及紙巾等(549公噸)、膠袋(528公噸)
- ⑨ 每年都市固體廢物處理開支#: 12.2億元

資料來源:*香港固體廢物監察報告(2011年的統計數字)、 #地球之友 This is approximately how much each of us throw away everyday!





Refuse · Reduce

源頭減廢

Waste. NO Way @ Trees · COOLiving

BYOB³ @ Trees · COOLiving

R¹⁰ @ Trees · COOLiving

R10 = refuse, reduce, reuse, redesign, repair, rehome, recycle, resources, restore, redistribute after reuse











Recycling · Reuse

循環再用



In 2010, 99% wastes (360Mn tones) were exported.











Redesign · Repair

升級再造

















Sustainable Fashion

Fashion is a complicated business involving long and varied supply chains of <u>production</u>, <u>raw material</u>, <u>textile</u> <u>manufacture</u>, <u>clothing construction</u>, <u>shipping</u>, <u>retail</u>, <u>use</u> and ultimately <u>disposal</u> of the garment. It is the <u>second largest</u> <u>polluter</u> and the carbon footprint is tremendous.

Flakes



Recovered PET bottles



Pellets

ECOPET™ staple fiber

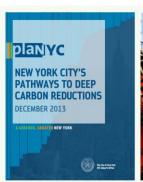


Building





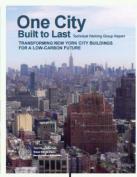
New York City's Roadmap 80 x 50 #ONENYC













December 2013
PlaNYC: New York
City's Pathways to Deep
Carbon Reductions,
Evaluation of the technical
potential of 80 x 50

September 2014 One City Built to Last, 10-year plan to reduce emissions from NYC buildings

NYC committed to 80 x 50 April 2015

One New York: The Plan for a Strong and Just City, NYC's comprehensive plan for a strong, sustainable, resilient, and equitable city

February 2015
Buildings Technical Working
Group kickoff

H

April 2016

OneNYC 2016 Progress Report, NYC's progress in delivering on the OneNYC commitments

One City: Built to Last, Technical Working Group Report, Comprehensive analysis of energy use in NYC's buildings and next steps to place buildings on a pathway to 80 x 50 September 2016 New York City's Roadmap

to 80 x 50

January 2016

Energy, Transportation, and Waste sectors begin 80 x 50 planning

Strong, Sustainable, Resilient and Equitable City





Clean, Resilient & Affordable Energy System #ONENYC



New York's Clean Energy Standard ensures 50% of New York's electricity will come from renewable sources by 2030.



New York's Clean Energy Fund is mobilizing private capital, jump starting innovation, and helping eliminate market barriers to make clean energy scalable and affordable for all New Yorkers.





Power Smart

善用能源



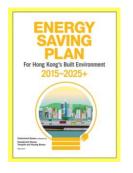


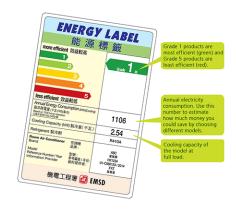
Power Smart

善用能源

Government initiatives ...















Power Smart





















Transport





ve Less · More Mass Transit

綠色交通

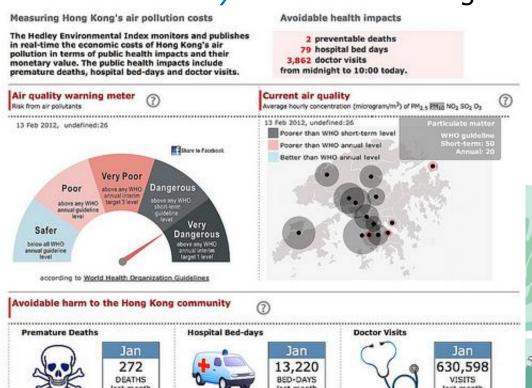
Hedley Environmental Index

Uses data on air pollutants and public health statistics to estimate the daily burden of doctor visits, hospital admissions and deaths, and the associated monetary value on the Hong

Kong community.











ve Less · More Mass Transit

綠色交通

Green Transportation Hierarchy



Public Transport



Taxi



Car Share



Private Car

Hong Kong's roads are most heavily used with 300 vehicles/km of road Nitrogen Oxides is the major pollutant

Long-term NO₂ exposure may decrease lung function and increase respiratory symptoms



least green



Drive Less · More Mass Transit

綠色交通

Benefits of Green Transport





ve Less · More Mass Transit

綠色交通

2012 Data from CAN

Table 1: A comparison of air quality standards for China, Hong Kong and the WHO

		Hong Kong's existing	Hong Kong's proposed	China's proposed air quality standards (2016)		World Health Organization's Air Quality
1 13		AQOs	AQOs	Grade 1	Grade 2	Guidelines
Sulphur dioxide (SO2)	24-hour average	350 (1)	125 (3)	50 (0)	150 (0)	20 (0)
Respirable	24-hour average	180 (1)	100 (9)	50 (0)	150 (0)	50 (3)
suspended particles (RSP); particulate matter (PM10)	Yearly average	55 (n/a)	50 (n/a)	40 (0)	70 (0)	20 (n/a)
Fine suspended particles (FSP); Fine	24-hour average	11=	75	35 (0)	75 (0)	25
particulate matter (PM2.5)	Yearly average	-	35	15 (0)	35 (0)	10
Nitrogen dioxide (NO2)	Hourly average	300 (3)	200 (18)	200 (0)	200 (0)	200 (0)
Ozone (03)	8-hour average	117	160 (9)	100 (0)	160 (0)	100 (0)

Note: The figure in brackets represents the number of exceedances allowed.



ve Less · More Mass Transit

綠色交通



铜锣湾 AQI: 铜锣湾實時空氣質量指數(AQI)。

輕度污染

更新时间 星期三18:00

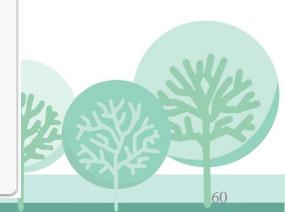
溫度:27℃



PM 2.5 Standard

AQI = 35

WHO = 10





Hike · Bike

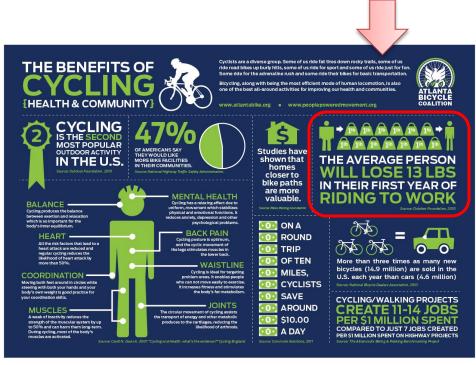
行路・踩單車

Benefits of walking & cycling ...

- 1. No carbon footprint
- 2. Weight loss
- 3. Improve cardio-respiratory functions
- 4. Strengthen muscles & bones
- 5. Improve mood & sleep
- 6. Slow mental decline



Lose 13 Lbs!!!





Hike • Bike

行路踩單重





Urban Farming





Urban Farming

都市農業

What is Urban Farming?

 The practice of cultivating, processing, and distributing food in or around a village, town, or city



Interesting Facts:

- ✓ Vegetables have a short production cycle; some can be harvested within 60 days of planting
- ✓ An area of just one square metre can provide 20 kg of food a year







Urban Farming

都市農業



	年份	農地總計(公頃)	荒置農地(公頃)	荒置率(%)
	1960	14,067	746	5
	1970	13,361	2,285	17
1	1980	9,970	4,237	42
	1990	8,420	4,319	51
1	2000	6,960	4,250	61
7	2013	4,523	3,794	84

Importance of urban farming:

- 1. Food security
- 2. Food safety
- 3. Ecological sustainability
- 4. Carbon footprint
- Holistic sustenance for city dwellers





Urban Farming - Lufa Farms

都市農業

- Founded in 2010, it is the world's first commercial rooftop greenhouse
- Located right on the island of Montreal in Ahuntsic-Cartierville
- 31,000 square foot
- Produces 40 varieties of vegetables, all grown sustainably without synthetic pesticides and by using recycling rainwater and optimizing energy use
- Feeds 3,000 people year-round









Buy Local • Fair Trade

本土.公平貿易

Why buy Local?

- 1. Reduce environmental impact
- 2. Better food safety
- Strengthen local economy =>
 Local food = Local \$
- 4. Support community groups
- 5. Create jobs

What is Fair Trade?

- 1. Child Labor
- 2. Gender Equality
- 3. Product Pricing
- 4. Working Environment

What are Food Miles?

=> The distance food travels from where it is grown to where it is ultimately purchased or consumed by the end user.

The smaller the better.





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種出綠色未來

















Our Vision

A Healthy and Sustainable environment for all

LOHAS = Lifestyles of $\underline{\mathbf{H}}$ ealth $\underline{\mathbf{a}}$ nd $\underline{\mathbf{S}}$ ustainability













































LOHAS

Lifestyle

Of

Health

and

Sustainability

-





70







GHG Reduction Opportunities

碳零廢

Trees

Agriculture

Food **Apparel**

Industry

Waste

Circular **Economy** **Building**

Freight

Transport

住







COOL Ambassadors 10 DOs

"For individuals to pledge LOHAS"

- 1. Refuse·Reduce源頭減廢
- 2. Recycle·Reuse循環再用
- 3. Redesign·Repair升級再造
- 4. Order Less・Waste Less適食・惜食
- 5. Less Meat·More Green多菜少肉
- 6. Power Smart善用能源
- 7. Drive Less·More Mass Transit綠色交通
- 8. Hike·Bike行路踩單車
- 9. Urban Farming都市農業
- 10. Fair Trade本土 · 公平貿易



TREES · COOLIVING

樹立低碳生活

種出綠色未來

Come join us as COOL Ambassador!



